

# PUCK & STICK TIME

**Puck & Stick Time is for individuals looking for a little extra skate time on the ice.**

**Cost:** Free

**Time:** 12-1pm

**Location:** VFW Sports Center

First International Bank  
& Trust Arena  
1200 N. Washington St.

**Tuesdays:** Nov. 12, 19 & 26  
Dec. 10 & 17

**Wednesdays:** Nov. 13, 20 & 27  
Dec. 11 & 18

**Thursdays:** Nov. 14 & 21  
Dec. 12 & 19

Open to all ages. Helmet with face mask and skates required. Pick-up games are not permitted during Puck & Stick Time.



\*Schedule is subject to change.



**BISMARCK PARKS AND  
RECREATION DISTRICT**  
Est. 1927