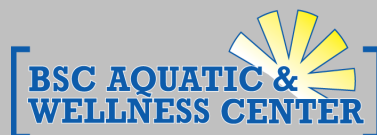


June Pool Schedule

Monday-Thursday		Friday		Saturday	
Program	Competition	Program	Competition	Program	Competition
	No Lap Swimming 7:00am-9:00 am		No Lap Swimming 7:00-9:00am		
Swimming Lessons 9:00am-1:00pm		5:30am-6:30pm		7:00am-1:30pm	
	Lane 8 Open: 2:30-4:30pm <small>*Wednesday All Lap Lanes Open 2:30-4:00pm</small>				
	No Lap Swim: 4:30-5:30				
Swimming Lessons 4:15-7:30pm	Lanes 7 and 8 Open: 5:30-6:45pm			<p>COLOR KEY:</p> <div style="background-color: #d9534f; padding: 2px; display: inline-block; margin-bottom: 5px;">NO LAP SWIMMING</div> <div style="background-color: #ffff99; padding: 2px; display: inline-block; margin-bottom: 5px;">LIMITED SPACE</div> <div style="background-color: #90ee90; padding: 2px; display: inline-block;">OPEN</div>	
	6:45-7:30pm				



PROGRAM POOL: 6 lane 25 yard pool with no lane ropes. Temperature is warmer than the competition pool.

COMPETITION POOL: The pool has 8 lanes, 50 meters in length.

LIMITED SPACE There will be very few lap lanes available during this time. You may have to share a lane with someone or share the pool with the swimming lesson kids.

Schedule Changes:

June 1: All pools closed for Swim Meet: 8:00am-Close

Friday, June 14, 21, 28 small school group in program pool 1:30-2:30pm.

Lifeguard and Water Safety Classes running throughout the month. Training may be going on in the program pool. Open swimming is still open, but space may be slightly limited.

Diving Boards not available while pool is set up in 50 meters.

*Pool Schedule is subject to change without notice. Pools Close 30 min prior to facility closing hours.

Summer Hours:

Monday-Thursday:

5:30am-7:30pm

Friday:

5:30am-6:30pm

Saturday:

7:00am-1:30pm

Sunday:

Closed

POOL RULES

Updated April 2024

- Always shower before using the pool.
- **Children under age 8 or in a lifejacket must be accompanied by a person age 16+ in the water.**
- **Only US Coast Guard approved lifejackets are allowed** (none available - bring your own).
- No inflatable flotation devices are allowed, including water wings.
- SCUBA style masks that cover the nose are not permitted.
- **Anyone not fully toilet trained must** wear a swim diaper. Child swim diapers are available at the front desk.
- Swimming attire is required in the pool. Mesh shirts and nylon lycra swimwear are acceptable. Cutoffs, personal undergarments and t-shirts are not allowed.
- Glass, street shoes, food and beverages are not allowed on the pool deck.
- Persons with open wounds, bandages or skin conditions are not permitted to use the pools.
- There must be two people age 16+ **in the water** for every 10 children under age 8 and/or in lifejackets (includes birthday parties).
- **Bismarck Parks and Recreation District staff have the final decision for the safety of our patrons.**

WIBIT & DIVING BOARD RULES

- **Must be age 6+ to use Wibits or diving boards (includes birthday parties) AND pass a swimming test (includes adults) issued by a lifeguard before use.**
 - **Swimming test:** Jump in and completely submerge. Recover to the surface and float/tread water for one minute. Turn a full circle. Swim 25 yards - to the other end - without stopping. Exit the water without using the ladder.
- Diving Boards (no lifejackets allowed):
 - Jump or dive straight off the diving boards in a forward-facing position. Inward dives and reverse dives are not permitted.
 - After going off the board, exit the pool by swimming directly to the nearest diving bay ladder, not the pool edge.
 - One bounce and only one person on the diving board at a time.
- Wibits (lifejackets allowed):
 - Swimming under the Wibits and hanging on any ropes in the water is not permitted.
 - Wrestling, pushing and roughhousing on the Wibits is not allowed.
- **Bismarck Parks and Recreation District staff have the final decision for the safety of our patrons.**