



BISMARCK PARKS AND RECREATION DISTRICT
Est. 1927

2025 Youth Basketball Skills Challenge Registration and Scoresheet

Name: _____
Age: _____
Grade: _____
Gender: _____
Phone: _____
Address: _____

3rd – 6th Grade Boys and Girls
Saturday, January 25, 2025
1:00pm
World War Memorial Building
215 North 6th Street

Obstacle Course Contest **-Staff Fill Out Only-**

Around All Cones: _____ Bounce Pass: _____ Chest Pass: _____ Both Layups: _____

Time = _____

Free Throw Contest

1 2 3 4 5 6 7 8 9 10

Number Made = _____

Final Scores and Times

Obstacle Course Time = _____ First Place? _____

Free Throws Made = _____ First Place? _____

WAIVER AND RELEASE OF CLAIMS

Please read this form carefully and be aware that in registering your child/ward for participation in the above program(s), you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the above program(s).

I recognize and acknowledge that there are certain risks of physical injury and/or death to participant in the above program(s) and, I agree to assume the full risk of any such injuries, death, damages, or loss regardless of severity which I or my child/ward may sustain as a result of involvement with the above program(s). Further, I hereby waive and relinquish all claims that I, my insurer, or my child/ward may have against the Park District and its officers, servants, and employees from any and all claims for injuries, damages, or loss which I or my child/ward may have or which may accrue to me or my child/ward in relation to his/her involvement with the above program(s), regardless whether the activities involved are supervised or unsupervised. I also agree to hold the Park District harmless for any injuries, death, or damages sustained in relation to my child/ward's involvement with the above program(s). Nothing in this release shall be intended to release the Park District from responsibility of fraud or willful injury to person or property, nor for any violation of law. This release is intended to and releases only claims for negligence and/or non-willful or non-criminal claims. **I HAVE READ AND FULLY UNDERSTAND THE ABOVE AGREEMENT OUTLINING MY ASSUMPTION OF RISK AND WAIVER AND RELEASE OF ALL CLAIMS.**

Parent/Guardian Signature _____

Date _____



YOUTH BASKETBALL SKILLS CHALLENGE GUIDELINES

1. Open to grades three through six. There will be four divisions:
 - a. Grades 3 & 4 boys and girls, and grades 5 & 6 boys and girls.
2. **Participants must run and shoot in their respective age/gender division.**
3. The skills challenge consists of an obstacle course contest and a free throw shooting contest.
4. Participants may only participate **one time in each contest.**
5. Only use BPRD basketball in both contests.
6. Each contestant will be timed as they run through the obstacle course **only one time.**
 - a. The winner of the obstacle course contest, in their respective age/gender division, will be the individual with the lowest time. In case of a tie, the individuals with the lowest scores will compete against each other until one has a time lower than the others.
7. Obstacle Course:
 - a. Each contestant will start the course by dribbling around cones.
 - b. The contestant will make a **bounce pass into a target** and then make a layup.
 - c. After the layup is made the contestant will take the ball and dribble through several cones.
 - d. Contestants will be required to make a **chest pass into a target.**
 - e. Finally, the contestant will be required to make a layup.
8. All participants will shoot 10 free throws and each grade division shoots from a different distance: 5 & 6 grade use the regulation distance of 15 feet; 3 & 4 grade 12 feet (inner line).
 - a. Free throw tie breaker:
 - i. Shooter with the best percentage on the first 5 attempts.
 - ii. Shooter with the best percentage on attempts 6-10.
 - iii. Coin flip.
9. A participation certificate will be provided to each participant that finishes the skills challenge.
10. **1st place** participants in each divisions and contests will receive a flurry fest t-shirt at the end of the skills challenge.